

TAS WHITE ROCK JUNIOR TUCKSHOP MENU TERM 2 2008

BAG ORDERS

HEALTHY MONDAY		PRICE
SUSHI 5 PIECES MIXED		\$ 5.00
MARINATED LAMB WRAP IN LEBANESE BREAD INC LETTUCE/TOM/CHILLI MAYO		\$ 4.00
CHICKEN CAESAR SALAD		\$ 4.00
 ITALIAN TUESDAY		
BEEF TORTELLINI IN BACON/CREAM/TOM SAUCE	LARGE	\$ 4.50
	SMALL	\$ 3.00
LASAGNA		\$ 3.00
WITH SALAD		\$ 4.00
GARLIC BREAD		\$ 1.50
 AMERICAN WEDNESDAY		
BEEFBURGER HOMEMADE WITH LETTUCE/TOM/BBQ SAUCE		\$ 4.00
CRISPY CHICKEN BURGER WITH CHEESE/LETTUCE/CREAMY MAYO		\$ 4.00
HOT DOG (97% FAT FREE) CHEESE & SAUCE		\$ 3.00
 WHERE IN THE WORLD THURSDAY		
CHICKEN & VEGETABLE FILO WRAPS		\$ 3.00
WITH SALAD		\$ 4.00
HOMEMADE HAWAIIAN PIZZA		\$ 3.00
JACKET POTATO WITH BOLOGNAISE SAUCE & CHEESE		\$ 3.00
 ASIAN FRIDAY		
CHICKEN CURRY & RICE	LARGE	\$ 4.50
	SMALL	\$ 3.00
PORK STIR FRY WITH VEGIES & HOKIEN NOODLES	LARGE	\$ 4.50
	SMALL	\$ 3.00
ASIAN FRIED RICE	LARGE	\$ 4.50
	SMALL	\$ 3.00

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SANDWICHES

WHITE/WHOLEMEAL/LAVASH/TOASTED	PLEASE NOMINATE	PRICE
HAM		\$ 3.00
CHICKEN		\$ 3.00
TUNA		\$ 3.00
CHEESE		\$ 2.50
EGG		\$ 2.50
SALAD		\$ 2.50
VEGEMITE		\$ 2.00
EXTRA TOMATO/LETTUCE/CHEESE		\$ 0.50
EXTRA SALAD		\$ 1.00
MAX PRICE FOR SANDWICH		\$ 4.00

SALADS

THE TUCKSHOP NOW OPERATES A FRESH REFRIDGERATED SALAD BAR WITH A GREAT RANGE OF SALAD OPTIONS. STUDENTS CAN ORDER AND PAY AT COUNTER. SALAD PRICES START AT \$3.00

DRINKS

PLAY WATER		\$ 2.20
WATER		\$ 1.50
MILK		\$ 1.20
FLAVOURED MILK (CHOC/STRAWB/VANILLA)	SMALL	\$ 2.00
	LARGE	\$ 2.80
ICE TEA (LEMON/PEACH/GREEN)		\$ 2.60
FUZE (COLA/RASP/ORANGE)		\$ 1.60
POPPERS (ORANGE/APPLE/APPLE&BLACK)		\$ 1.60
JUICE (APPLE/ORANGE)	LARGE	\$ 3.00
	SMALL	\$ 1.60

NOTES

ALL MEALS ARE MADE AT THE TUCKSHOP USING LOW FAT INGREDIENTS.

A HEALTHY RANGE OF SNACKS ARE AVAILABLE OVER THE COUNTER AT BOTH RECESS & LUNCH.

PLEASE ENSURE YOUR CHILD'S BAG IS CLEARLY LABELLED WITH THEIR NAME , CLASS AND ORDER, THE CORRECT MONEY WOULD BE APPRECIATED.